

HOW COMMUNITIES HEAL

Ekangala

"I have been down, but now... I understand that you cannot change a painful past but you can change the perspective of how people see you. I've found my freedom and I am building my world where people speak my language."

Mpho Chavura, Ekangala
Community Psychosocial Supporter

"As a helper I have realised that if you are still wounded, there is nothing you can do for others or yourself. So you must sit with your feelings first and stop judging or criticising yourself or others." [Quote unedited]

Thapelo Abie Khalipha, Ekangala
Community Psychosocial Supporter

"Healing for individuals, families, leaders, institutions and the whole society is no longer a luxury or social service issue. It is now a necessity and a security issue. It is now an economic and development issue. Any attempt to ensure security, development and stability of our country without addressing our collective woundedness, is futile. Psychological health is a priority, and it equals a healthy community and a healthy nation."

Nomfundo Mogapi, CSVr Executive Director

YOU ARE INVITED!

30 JUNE 2015 | 10H00-14H00

PARKTONIAN HOTEL, BRAAMFONTEIN, JOHANNESBURG

PERSONAL HEALING AND TRANSFORMATION FOR EFFECTIVE COMMUNITY INTERVENTION

Join the Ekangala Community
Action Group as they share
their stories of transformation:

- Exploring Effective Interventions For Violence Prevention
- Reflections on the Path of Psychosocial Wellness
- Question & Answer Session

For more info or to RSVP:

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CSVr
The Centre for the Study of
Violence and Reconciliation